











| Fascial Counterstrain (FCS)

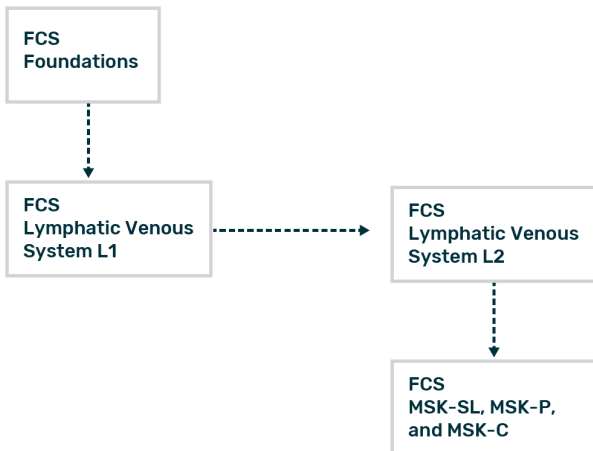
FCS Foundations (F1)

Feb 24-26	Fredrick, MD	
	San Diego, CA	
	St. Paul, MN	
	Kennewick, WA	
Jun 23-25	Fredrick, MD	
	Portland, OR	
	San Diego, CA	
	St. Paul, MN	
Oct 20-22	Fredrick, MD	
	San Diego, CA	
	Poulsbo, WA	







Click on your desired course date to register









RECOMMENDED CURRICULUM FLOW






FCS Lymphatic-Venous System (LV1)

Apr 28-30	San Diego, CA	
	Waynesboro, VA	
	Kennewick, WA	
	St. Paul, MN	
Aug 18-20	San Diego, CA	
	Portland, OR	
	Waynesboro, VA	
	St. Paul, MN	




FCS Lymphatic-Venous System (LV2)

Jun 9-11	San Diego, CA	
	Waynesboro, VA	
	Kennewick, WA	
	St. Paul, MN	
Oct 6-8	San Diego, CA	
	Portland, OR	
	Waynesboro, VA	
	St. Paul, MN	

FCS for the MSK System: Spinal Ligaments & Myofascia (MSK-SL)

Mar 24-26	Fredrick, MD	
	San Diego, CA	
	Langley, WA	
	St. Paul, MN	

FCS for the MSK System: Periosteum (MSK-P)

Jul 21-23	Fredrick, MD	
	St. Paul, MN	
	San Diego, CA	
	Kennewick, WA	

FCS for the MSK System: Cartilage & Superficial Fascia (MSK-C)



Oct 27-29	Fredrick, MD	
	San Diego, CA	
	Langley, WA	
	St. Paul, MN	



Course details may be subject to change.
Please visit jicounterstrain.configio.com for the most current information.




Satellite courses feature live streamed lectures with a certified lab instructor on site.





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FCS Arterial System (AR) [Sep 15-17](#) Portland, OR
 Waynesboro, VA 
 St. Paul, MN 

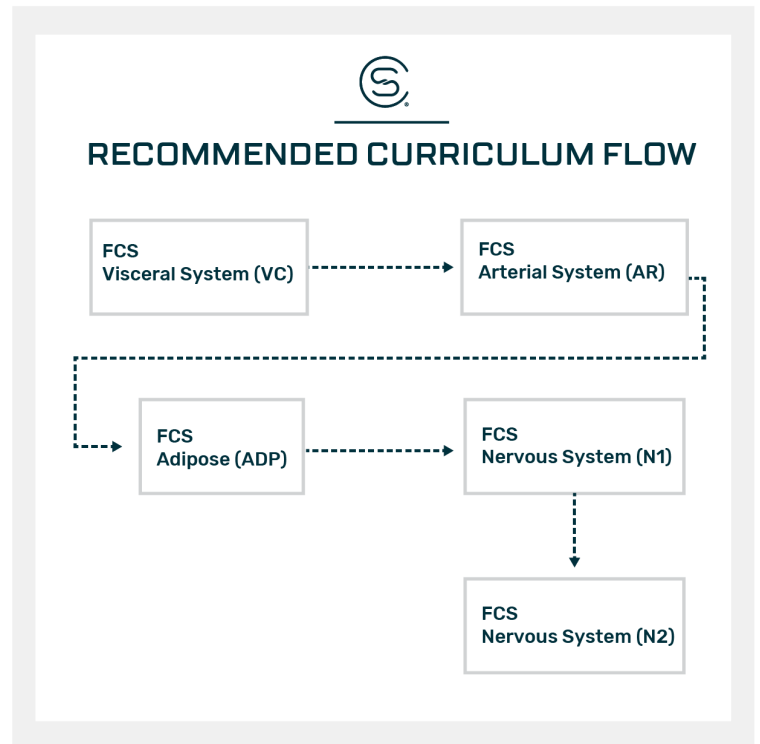
FCS Visceral System (VC) [Apr 14-16](#) Portland, OR
 Waynesboro, VA 
 San Diego, CA 

FCS Adipose (ADP) [Nov 17-19](#) Fredrick, MD
 San Diego, CA 
 St. Paul, MN 
 Portland, OR 

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FCS Nervous System I (N1) [Mar 3-5](#) Portland, OR
 San Diego, CA 
 Waynesboro, VA 

FCS Nervous System II (N2) [May 19-21](#) San Diego, CA
 Portland, OR 
 Waynesboro, VA 





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CSS1: FCS Sensitization: Neural Crest (NCS)	<u>Apr 21-23</u>	Fredrick, MD	
		San Diego, CA	
		Poulsbo, WA	

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CSS2: FCS Sensitization: Spinal Cord and Global (SCG)	<u>Sept 29-Oct 1</u>	Fredrick, MD	
		San Diego, CA	
		Langley, WA	
		St. Paul, MN	


RECOMMENDED CURRICULUM FLOW



The FCS CSS courses can be taken in any order. Eligibility for CSS1 and CSS2 requires completion of FCS F1, FCS LV1 and LV2 (or LV prior to 2023), FCS MSK Series, FCS VC, FCS AR, FCS N1, and FCS N2.

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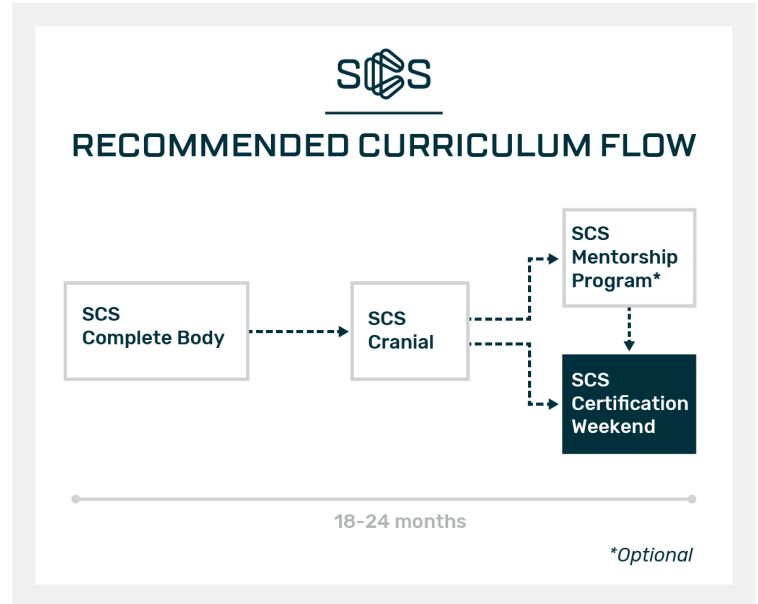
SCS | Strain Counterstrain (SCS)

SCS Complete Body	Mar 17-19	San Diego, CA
	May 19-21	New Richmond, WI
	Jul 14-16	San Diego, CA
	Aug 4-6	Spokane, WA
	Oct 13-15	San Diego, CA

SCS Cranial	Jun 2-4	San Diego, CA
	Sep 22-24	San Diego, CA

SCS Certification	Sep 16-17	San Diego, CA
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Gross Anatomy & Cadaver Dissection

Anatomy Dissection:
Multi-System (AD-MS) [May 1-5](#) San Diego, CA

Anatomy Dissection:
Pelvic Floor (AD-PF) [May 4-5](#) San Diego, CA

Click on your desired course date to register



GROSS ANATOMY & CADAVER DISSECTION

RETURNS TO SAN DIEGO IN MAY

It's a 5 day multi-system course

Fresh, whole body cadavers for an authentic dissection experience.

Embalmed pro-sections and brains for easier neurovascular dissections

- ✓ Fresh, untouched cadavers for better tissue visualization and manipulation.
- ✓ Adjunctive embalmed cadavers and brains for easier neurovascular dissections.
- ✓ Low 6:1 student to cadaver ratio to maximize your dissection time.
- ✓ Gorgeous SoCal setting just minutes from the beach!

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