












| Fascial Counterstrain (FCS)




FCS Foundations (F1)

Mar 15-17	Frederick, MD	
	San Diego, CA	
	Portland, OR	
	St. Paul, MN	
	Chicago, IL	
Aug 2-4	Frederick, MD	
	Waynesboro, VA	
	Kennewick, WA	
	San Diego, CA	
	St. Paul, MN	




FCS Lymphatic-Venous System 1: Peripheral (LV1)




Apr 19-21	San Diego, CA	
	Waynesboro, VA	
	Whidbey ISL, WA	
Sept 6-8	Frederick, MD	
	San Diego, CA	
	Portland, OR	
	St. Paul, MN	



FCS Lymphatic-Venous System 2: Spinal (LV2)

Oct 25-27	San Diego, CA	
	Portland, OR	
	Waynesboro, VA	
	St. Paul, MN	

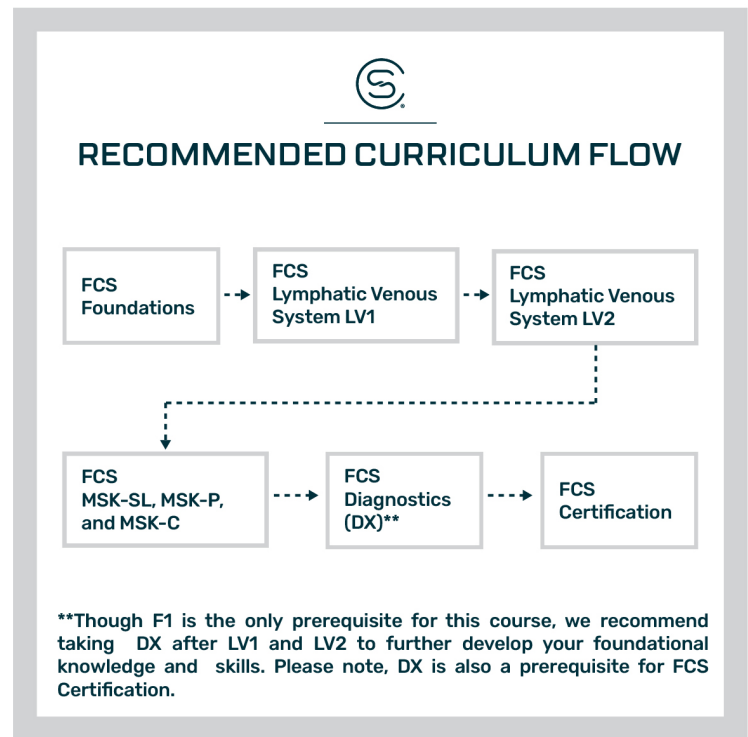
FCS MSK System: Spinal Ligaments & Myofascia (MSK-SL)

Apr 12-14	Frederick, MD	
	St. Paul, MN	
	Portland, OR	
	San Diego, CA	


FCS MSK System: Periosteum (MSK-P)	Jul 19-21	Frederick, MD	
		San Diego, CA	
		Portland, OR	
		St. Paul, MN	

FCS MSK System: Cartilage & Superficial Fascia (MSK-C)	Oct 18-20	Frederick, MD	
		San Diego, CA	
		Whidbey ISL, WA	

FCS Certification	Dec 13-15	Frederick, MD	
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Course details may be subject to change.
Please visit jicounterstrain.configio.com for the most current information.

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Ⓢ | Fascial Counterstrain (FCS)

FCS Arterial System (AR) Aug 23-25 Frederick, MD
 San Diego, CA 📶
 St. Paul, MN 📶
 Kennewick, WA 📶

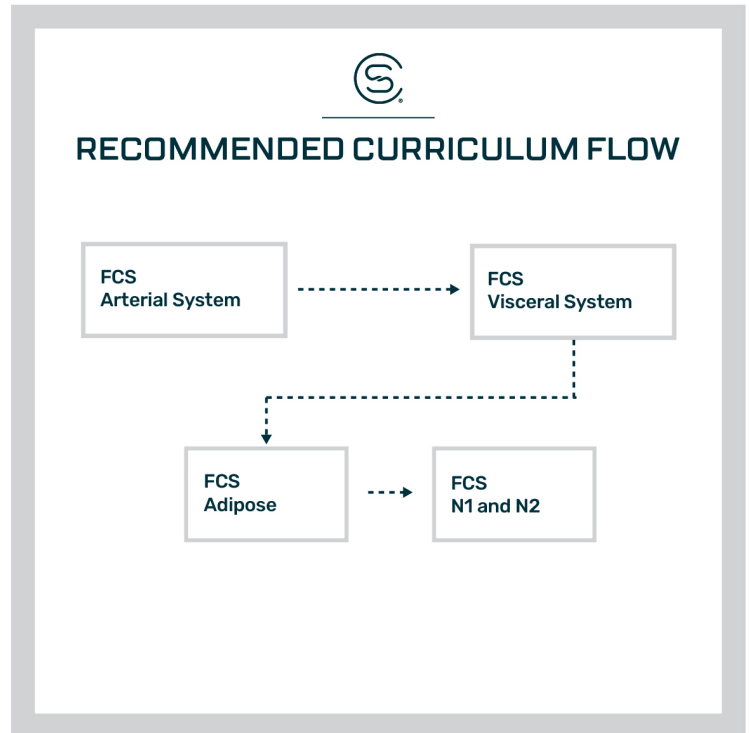
FCS Visceral System (VC) May 17-19 Frederick, MD
 San Diego, CA 📶
 St Paul, MN 📶
 Kennewick, WA 📶

FCS Adipose (ADP) Feb 23-25 Frederick, MD
 San Diego, CA 📶
 St. Paul, MN 📶
 Portland, OR 📶

FCS Diagnostics (DX) Apr 5-7 Frederick, MD
 San Diego, CA 📶
 Portland, OR 📶
 St. Paul, MN 📶
 Waynesboro, VA 📶
 Poulsbo, WA 📶

FCS The Nervous System Part I: Autonomics & Cranial Nerves (N1) Sept 20-22 Frederick, MD
 San Diego, CA 📶
 Portland, OR 📶
 St. Paul, MN 📶
 Waynesboro, VA 📶

FCS The Nervous System Part II: Dura & Somatics (N2) Nov 15-17 Frederick, MD
 San Diego, CA 📶
 Portland, OR 📶
 St. Paul, MN 📶
 Waynesboro, VA 📶








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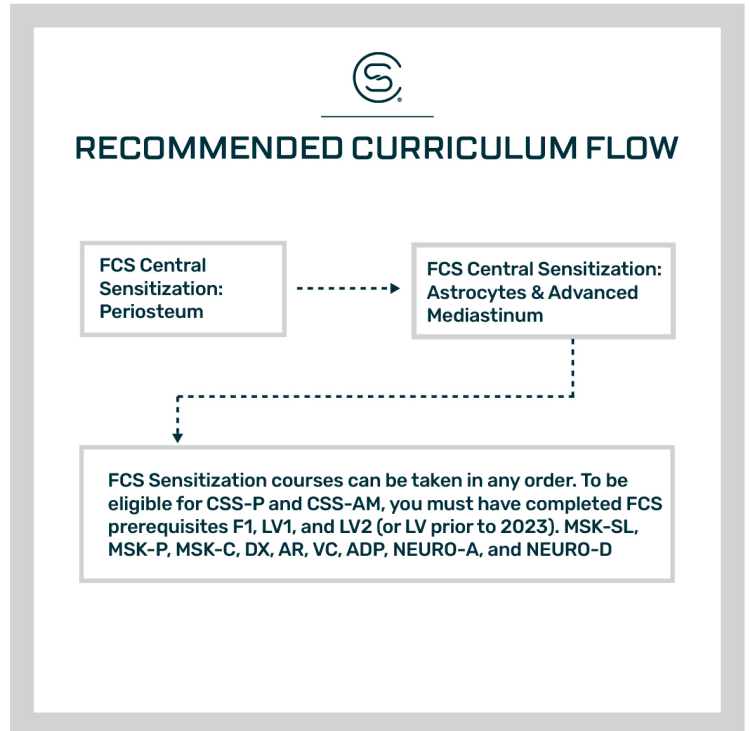
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FCS Central Sensitization: Periosteum (CSS-P)	<u>June 28-30</u>	Frederick, MD	
		San Diego, CA	
		St. Paul, MN	
		Poulsbo, WA	

FCS Central Sensitization: Astrocytes & Advanced Mediastinum (CSS-AM)	<u>Oct 4-6</u>	Frederick, MD	
		San Diego, CA	
		Poulsbo, WA	



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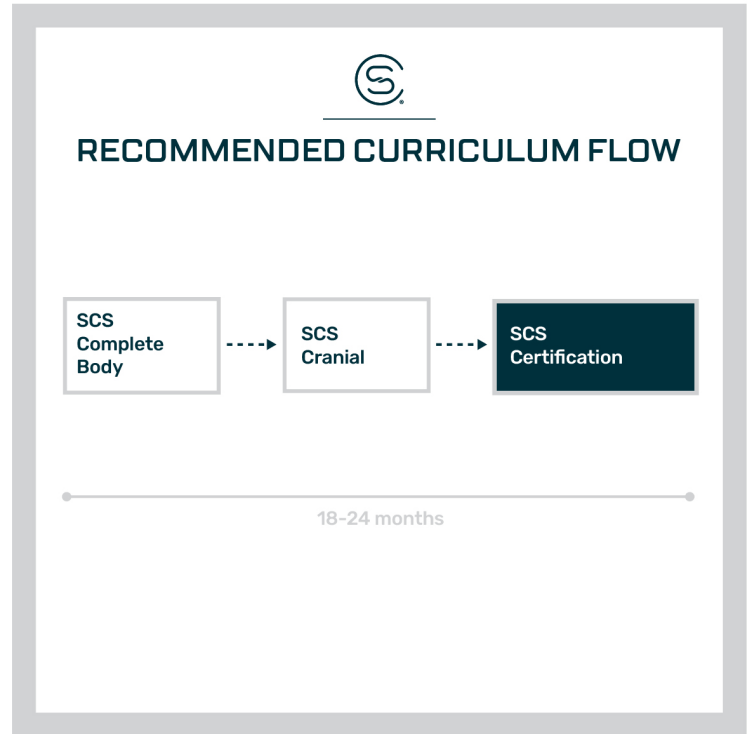
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SCS | Strain Counterstrain (SCS)

SCS Complete Body	<u>Apr 26-28</u>	San Diego, CA
	<u>Jul 26-28</u>	San Diego, CA
	<u>Oct 11-13</u>	San Diego, CA

SCS Cranial [Sept 27-29](#) San Diego, CA

SCS Certification [Nov 2-3](#) San Diego, CA



Course details may be subject to change.
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Gross Anatomy & Cadaver Dissection

Anatomy Dissection: Apr 29- San Diego, CA
Multi-System May 3

Anatomy Dissection: May 2-3 San Diego, CA
Pelvic Floor

Anatomy Dissection: May 3-5 San Diego, CA
CNS Brain



GROSS ANATOMY & CADAVER DISSECTION

RETURNS TO SAN DIEGO IN MAY

Strengthen your Counterstrain practice through the exploration of over 1,000 anatomical structures! Your 8-day multi-system course registration includes:

- ✓ Fresh, untouched cadavers for better tissue visualization and manipulation.
- ✓ Adjunctive embalmed cadavers and brains for easier neurovascular dissections.
- ✓ Low 6:1 student to cadaver ratio to maximize your dissection time.
- ✓ Gorgeous SoCal setting just minutes from the beach!

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