












## | Fascial Counterstrain (FCS)




### FCS Foundations (F1)




Feb 21-23 Frederick, MD  
 San Diego, CA   
 St. Paul, MN   
 Portland, OR 

Jun 20-22 Frederick, MD  
 San Diego, CA   
 Kennewick, WA   
 Appleton, WI 




Nov 7-9 Frederick, MD  
 San Diego, CA   
 Portland, OR   
 St. Paul, MN 




### FCS Lymphatic-Venous System Part I: Peripheral (LV1)




May 16-18 San Diego, CA  
 Waynesboro, VA   
 St. Paul, MN   
 Whidbey ISL, WA 




Aug 22-24 Frederick, MD  
 Portland, OR   
 San Diego, CA   
 Appleton, WI 

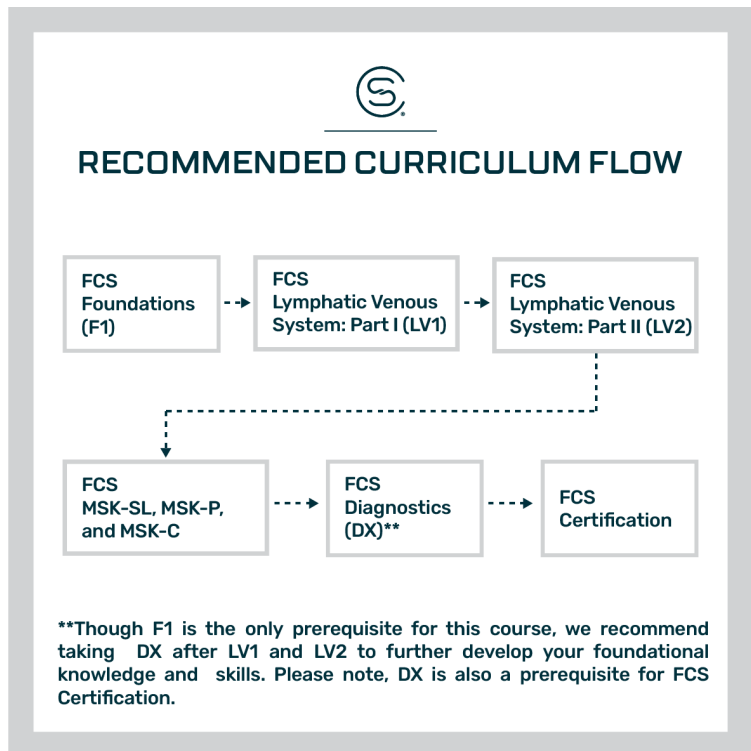
### FCS Lymphatic-Venous System Part II: Spinal (LV2)

Oct 24-26 Frederick, MD  
 San Diego, CA   
 St. Paul, MN   
 Portland, OR 


**FCS MSK System: Spinal Ligaments & Myofascia (MSK-SL)** Apr 4-6 Frederick, MD  
 San Diego, CA   
 St. Paul, MN   
 Poulsbo, WA 

**FCS MSK System: Periosteum (MSK-P)** Jun 27-29 San Diego, CA  
 Poulsbo, WA   
 Waynesboro, VA   
 Appleton, WI 

**FCS MSK System: Cartilage & Superficial Fascia (MSK-C)** Sep 19-21 San Diego, CA  
 Kennewick, WA   
 St. Paul, MN   
 Waynesboro, VA 










Course details may be subject to change.  
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<b>FCS Arterial System (AR)</b>	<u>Aug 8-10</u>	San Diego, CA	
		Kennewick, WA	
		Waynesboro, VA	
		Appleton, WI	

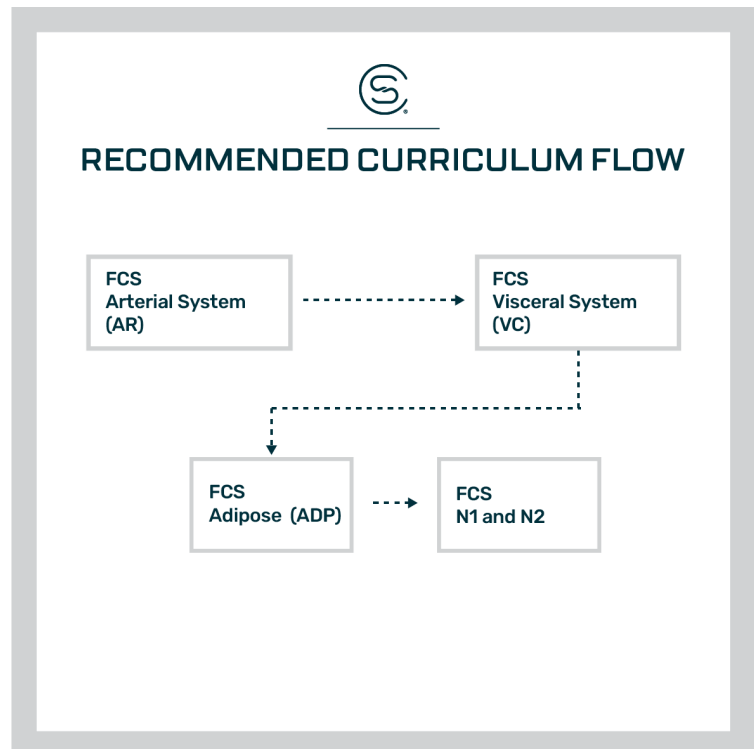
<b>FCS Visceral System (VC)</b>	<u>Apr 11-13</u>	Frederick, MD	
		San Diego, CA	
		Whidbey ISL, WA	
		Appleton, WI	

<b>FCS Adipose (ADP)</b>	<u>Mar 7-9</u>	Frederick, MD	
		San Diego, CA	
		St. Paul, MN	
		Whidbey ISL, WA	


<b>FCS Diagnostics (DX)</b>	<u>Mar 21-23</u>	Frederick, MD	
		San Diego, CA	
		St. Paul, MN	
		Kennewick, WA	

<b>FCS Nervous System Part I: Autonomics &amp; Cranial Nerves (N1)</b>	<u>Jul 25-27</u>	Frederick, MD	
		San Diego, CA	
		St. Paul, MN	
		Kennewick, WA	

<b>FCS Nervous System Part II: Dura &amp; Somatics (N2)</b>	<u>Oct 3-5</u>	Frederick, MD	
		San Diego, CA	
		St. Paul, MN	
		Whidbey ISL, WA	








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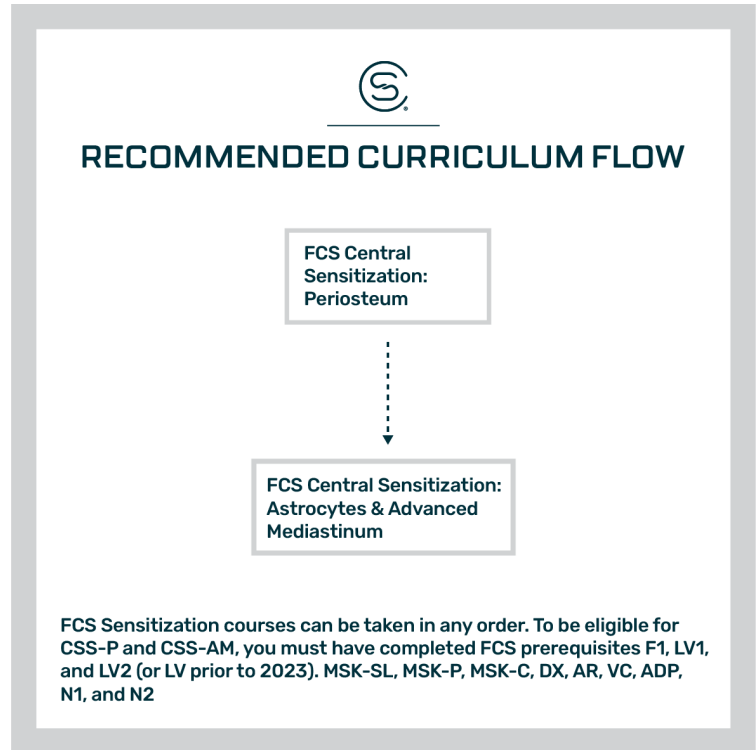
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<b>FCS Central Sensitization: Periosteum (CSS-P)</b>	<u>Jul 11-13</u>	Frederick, MD	
		San Diego, CA	
		Portland, OR	

<b>FCS Central Sensitization: Astrocytes &amp; Advanced Mediastinum (CSS-AM)</b>	<u>Sep 5-7</u>	Frederick, MD	
		San Diego, CA	
		St. Paul, MN	
		Whidbey ISL, WA	



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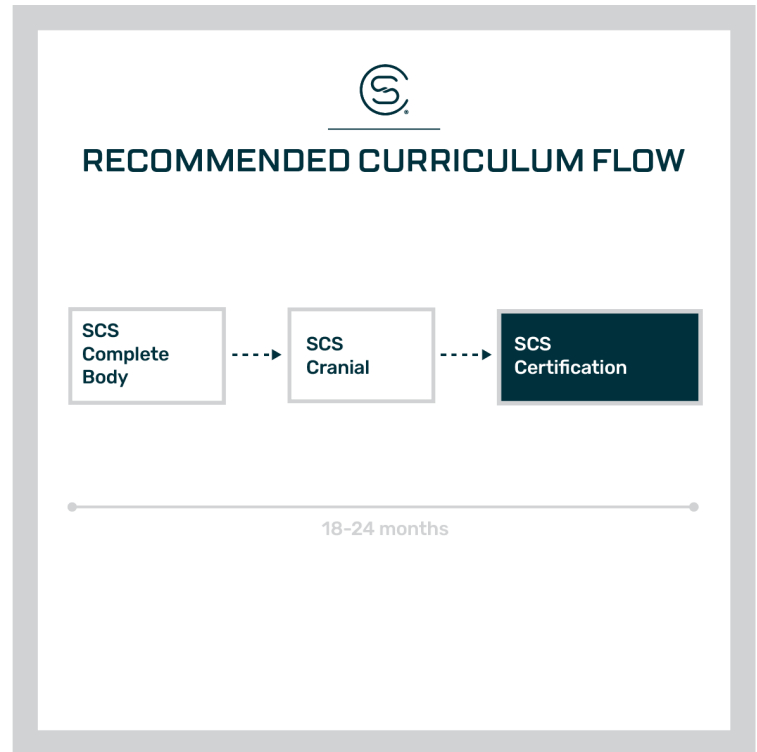


 | **Strain Counterstrain (SCS)**

<b>SCS Complete Body</b>	<a href="#">Mar 28-30</a>	San Diego, CA
	<a href="#">Jul 18-20</a>	San Diego, CA
	<a href="#">Oct 10-12</a>	San Diego, CA


**SCS Cranial**      [Sep 26-28](#)      San Diego, CA

**SCS Certification**      [Nov 15-16](#)      San Diego, CA



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## Gross Anatomy & Cadaver Dissection

Anatomy Dissection:  
Multi-System May 5-9 San Diego, CA

Anatomy Dissection:  
Pelvic Floor May 8-9 San Diego, CA

Anatomy Dissection:  
CNS Brain May 3-4 San Diego, CA



## GROSS ANATOMY & CADAVER DISSECTION

### RETURNS TO SAN DIEGO IN MAY

Strengthen your Counterstrain practice through the exploration of over 1,000 anatomical structures! Combine the Multi-System and CNS Brain courses for a complete dissection experience featuring:

- ✓ Fresh, untouched cadavers for better tissue visualization and manipulation.
- ✓ Adjunctive embalmed cadavers and brains for easier neurovascular dissections.
- ✓ Low 6:1 student to cadaver ratio to maximize your dissection time.
- ✓ Gorgeous SoCal setting just minutes from the beach!

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