












## | Fascial Counterstrain (FCS)




### FCS Foundations (F1)




Feb 21-23 Frederick, MD  
 San Diego, CA   
 St. Paul, MN   
 Portland, OR 

Jun 20-22 Frederick, MD  
 San Diego, CA   
 Kennewick, WA   
 Appleton, WI 




Nov 7-9 Frederick, MD  
 San Diego, CA   
 Portland, OR   
 St. Paul, MN 




### FCS Lymphatic-Venous System Part I: Peripheral (LV1)




May 16-18 San Diego, CA  
 Waynesboro, VA   
 St. Paul, MN   
 Langley, WA 




Aug 22-24 Frederick, MD  
 Portland, OR   
 San Diego, CA   
 Appleton, WI 

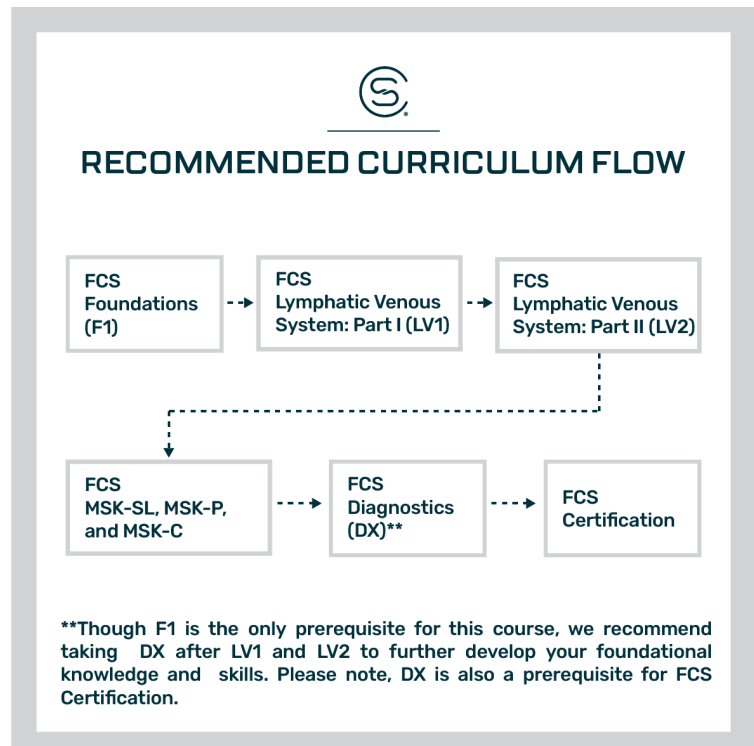
### FCS Lymphatic-Venous System Part II: Spinal (LV2)

Oct 24-26 Frederick, MD  
 San Diego, CA   
 St. Paul, MN   
 Portland, OR 


**FCS MSK System: Spinal Ligaments & Myofascia (MSK-SL)** Apr 4-6 Frederick, MD  
 San Diego, CA   
 St. Paul, MN   
 Poulsbo, WA 

**FCS MSK System: Periosteum (MSK-P)** Jun 27-29 San Diego, CA  
 Poulsbo, WA   
 Waynesboro, VA   
 Appleton, WI 

**FCS MSK System: Cartilage & Superficial Fascia (MSK-C)** Sep 19-21 San Diego, CA  
 Kennewick, WA   
 St. Paul, MN   
 Waynesboro, VA 










Course details may be subject to change.  
 Please visit [jicounterstrain.configio.com](http://jicounterstrain.configio.com) for the most current information.





 Satellite courses feature live streamed lectures with a certified lab instructor on site.  
 Note: we reserve the right to cancel satellite courses with fewer than six students.











 | Fascial Counterstrain (FCS)




**FCS Arterial System (AR)** [Aug 8-10](#) San Diego, CA   
 Kennewick, WA   
 Waynesboro, VA   
 Appleton, WI 

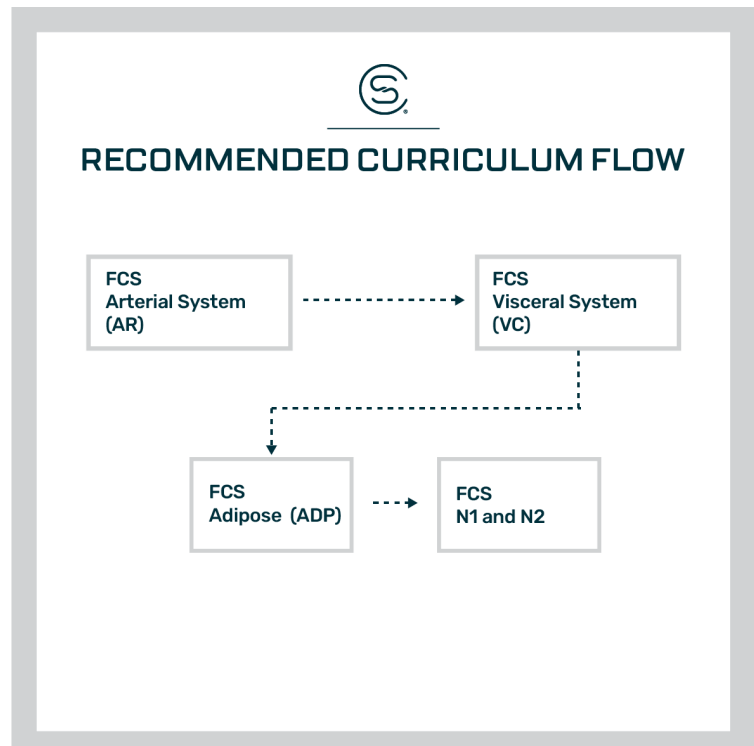
**FCS Visceral System (VC)** [Apr 11-13](#) Frederick, MD  
 San Diego, CA   
 Langley, WA   
 Appleton, WI 

**FCS Adipose (ADP)** [Mar 7-9](#) Frederick, MD  
 San Diego, CA   
 St. Paul, MN   
 Langley, WA   
 Waynesboro, VA 


**FCS Diagnostics (DX)** [Mar 21-23](#) Frederick, MD  
 San Diego, CA   
 St. Paul, MN   
 Kennewick, WA   
 Waynesboro, VA   
 Langley, WA 

**FCS Nervous System Part I: Autonomics & Cranial Nerves (N1)** [Jul 25-27](#) Frederick, MD  
 San Diego, CA   
 St. Paul, MN   
 Kennewick, WA 

**FCS Nervous System Part II: Dura & Somatics (N2)** [Oct 3-5](#) Frederick, MD  
 San Diego, CA   
 St. Paul, MN   
 Langley, WA 








Course details may be subject to change.  
 Please visit [jicounterstrain.configio.com](http://jicounterstrain.configio.com) for the most current information.

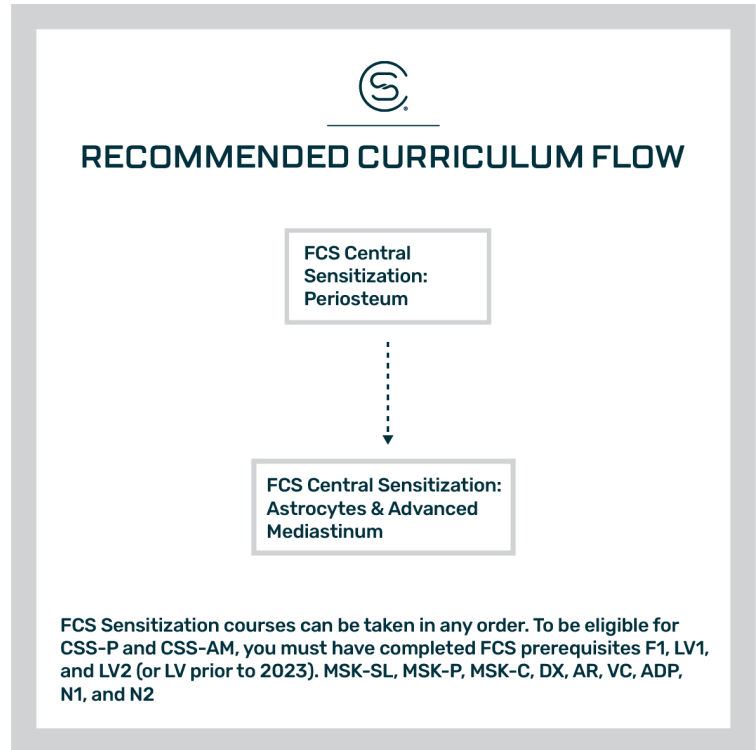
 Satellite courses feature live streamed lectures with a certified lab instructor on site.  
 Note: we reserve the right to cancel satellite courses with fewer than six students.



## | Fascial Counterstrain (FCS)


<b>FCS Central Sensitization: Periosteum (CSS-P)</b>	<u>Jul 11-13</u>	Frederick, MD	
		San Diego, CA	
		Portland, OR	

<b>FCS Central Sensitization: Astrocytes &amp; Advanced Mediastinum (CSS-AM)</b>	<u>Sep 5-7</u>	Frederick, MD	
		San Diego, CA	
		St. Paul, MN	
		Langley, WA	



Course details may be subject to change.

Please visit [jicounterstrain.configio.com](http://jicounterstrain.configio.com) for the most current information.

 Satellite courses feature live streamed lectures with a certified lab instructor on site.  
Note: we reserve the right to cancel satellite courses with fewer than six students.

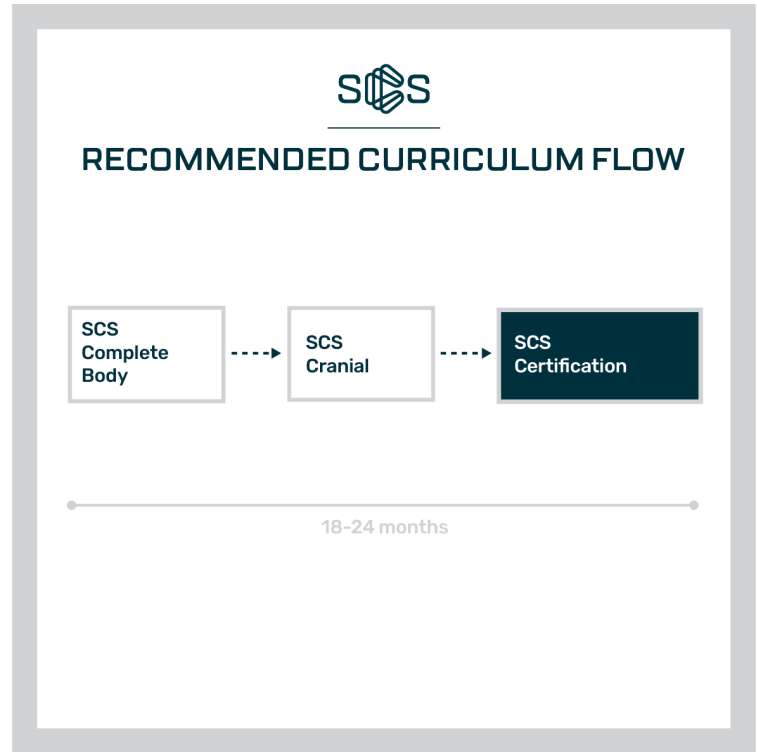


**SCS | Strain Counterstrain (SCS)**

<b>SCS Complete Body</b>	<a href="#">Mar 28-30</a>	San Diego, CA
	<a href="#">Jul 18-20</a>	San Diego, CA
	<a href="#">Oct 10-12</a>	San Diego, CA

**SCS Cranial**      [Sep 26-28](#)      San Diego, CA

**SCS Certification**      [Nov 15-16](#)      San Diego, CA



Course details may be subject to change.

Please visit [jicounterstrain.configio.com](http://jicounterstrain.configio.com) for the most current information.

👁️ Satellite courses feature live streamed lectures with a certified lab instructor on site.  
Note: we reserve the right to cancel satellite courses with fewer than six students.



## Gross Anatomy & Cadaver Dissection

Anatomy Dissection:  
Multi-System May 5-9 San Diego, CA

Anatomy Dissection:  
Pelvic Floor May 8-9 San Diego, CA

Anatomy Dissection:  
CNS Brain May 3-4 San Diego, CA



## GROSS ANATOMY & CADAVER DISSECTION

### RETURNS TO SAN DIEGO IN MAY

Strengthen your Counterstrain practice through the exploration of over 1,000 anatomical structures! Combine the Multi-System and CNS Brain courses for a complete dissection experience featuring:

- ✓ Fresh, untouched cadavers for better tissue visualization and manipulation.
- ✓ Adjunctive embalmed cadavers and brains for easier neurovascular dissections.
- ✓ Low 6:1 student to cadaver ratio to maximize your dissection time.
- ✓ Gorgeous SoCal setting just minutes from the beach!

Course details may be subject to change.

Please visit [jicounterstrain.configio.com](http://jicounterstrain.configio.com) for the most current information.

👁️ Satellite courses feature live streamed lectures with a certified lab instructor on site.  
Note: we reserve the right to cancel satellite courses with fewer than six students.